



167 North Main Street
Wallingford, Vermont 05773
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Lyndsi L. Fischer, BS, AAP **Professional Disclosure**

Formal Education:

08/2002 – 05/2014 College of St. Joseph
Rutland, Vermont
Bachelor of Science Degree - Alcohol and Substance Abuse
Counseling

11/2018 – Current Southern New Hampshire University
Hookset, NH
Master of Arts Degree – Clinical Mental Health Counseling

Training and Continuing Education:

Training Title: Child and Adolescent Complex Trauma Conference
Dates: August 7th & 8th, 2019
Location: The Equinox Manchester, Vermont
Trainer: Lee Gallagher
Subject/Content: Helping to creating a space for connection that stimulates our growth in understanding and servicing children, adolescents and families affected by complex trauma.
Completed: Yes
Credential Awarded: Certificate

Training Title: Innovation to Empower Recovery: Beyond the 12-steps
Dates: October 4th, & 5th, 2018
Location: Lake Morey Resort, 82 Club house road, Fairlee, VT 05405
Trainer: Robert Schwebel, Ph.D
Subject/Content: Self-Empowering and self-directed treatment, oppressive self-talk and nurturing, self-talk, and the 6 stages of Mastery.
Completed: Yes
Credential Awarded: Continuing Education Credits/Units* 6

Practice Experience:

Title: *Rostered Psychotherapist*
Description of Practice: Maintaining an 8-15 client caseload, for individuals seeking outpatient therapy. Provide intensive clinical therapeutic services to children adolescents, and adults with identified mental health or substance abuse diagnosis. This includes

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psycho- educational activities/interventions designed to assist the client of the reduction of dysfunction.
Hourly position

Location: Maple Leaf Clinic
167 North Main St. Wallingford VT, 05773
Dates of Practice: June 2019 – Current
Supervisors: Dean J.M. Mooney, PH.D., NCSP – Director

Title: *Primary Therapist*
Description of Practice: Maintained 6-8 patient caseload for women in a residential setting, group facilitation weekly, supported client development by completing bio-psychosocial assessments for diagnosis treatment planning and coordination of services, and diagnosed clients with substance and alcohol use disorders.
Full-time hourly position

Location: Valley Vista, Vergennes
1 Alden Place, Vergennes VT, 05491
Dates of Practice: July 2018 - June 2019
Supervisors: Jessica Webster, LADC
Licensed Alcohol and Drug
Counselor
Program Manager

Title: *Recovery Technician*
Description of Practice: Assisted clients in daily activities, supported client development with effective coping strategies to reduce anxiety and stress, facilitated groups, and supervised urinary analysis for clients to be successful, and maintained an overall well-being.

Location: Full-time paid position
Serenity House
98 Church Street, Wallingford, VT 05733
Dates of Practice: February 2017 - June 2017
Supervisors: Chadd Viger, LADC
Licensed Alcohol and Drug
Counselor RPP Program
Manager

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Scope of Practice:

Therapeutic Orientation: Cognitive Behavioral Therapy

Specialization: Treatment of clients with substance use disorder and co-occurring disorders (dual diagnosis) *
Assessment of clients with high risk of violence and suicide risk

Methods: Utilizing Cognitive Behavioral Therapy and Motivational Interviewing

*Note: I am not certified or licensed as a Drug and Alcohol Counselor, or a Clinical Licensed Mental Health Counselor.

Information Concerning Unprofessional Conduct for the Profession follows

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Office of Professional Regulation Notice

The Office of Professional Regulation provides Vermont licenses, certifications, and registrations for over 56,000 practitioners and businesses. Forty-six professions and occupations are supported and managed by this office. A list of professions regulated is found below.

Each profession or occupation is governed by laws defining professional conduct. Consumers who have inquiries or wish to obtain a form to register a complaint may do so by calling (802) 828-1505, or by writing to the Director of the Office, Secretary, VT 05620-3402.

Upon receipt of a complaint, an administrative review determines if the issues raised are covered by the applicable professional conduct statute. If so, a committee is assigned to investigate, collect information, and recommend action or closure to the appropriate governing body.

All complaint investigations are confidential. Should the investigation conclude with a decision for disciplinary action against a professional's license and ability to practice, the name of the license holder will then be made public.

Complaint investigations focus on licensure and fitness of the licensee to practice. Disciplinary action, when warranted, ranges from warning to revocation of license, based on the circumstances. You should not expect a return of fees paid or additional unpaid services as part of the results of this process. If you seek restitution of this nature, consider consulting with the Consumer Protection Division of the Office of the Attorney General, retaining an attorney, or filing a case in Small Claims Court.

Accountancy Acupuncture
 Architects
 Athletic Trainers Auctioneers
 Audiologists
 Barbers & Cosmetologists Boxing Control Chiropractic
 Dental Examiners
 Dietitians
 Drug and Alcohol Counselor Electrolysis
 Professional Engineering
 Funeral Service
 Hearing Aid Dispensers
 Land Surveyors
 Landscape Architects
 Marriage & Family Therapists Clinical Mental Health Counselors Midwives, Licensed
 Motor Vehicle Racing
 Naturopaths
 Nursing
 Nursing Home Administrators
 Occupational Therapists Opticians
 Optometry
 Osteopathic Physicians and Surgeons
 Pharmacy
 Physical Therapists
 Private Investigative & Security Services
 Property Inspectors Psychoanalyst Psychology
 Psychotherapist, Non-licensed Radiologic Technology
 Real Estate Appraisers Real Estate
 Respiratory Care
 Social Workers, Clinical
 Tattooists
 Veterinary

Chapter 78: Roster of Psychotherapists Who Are Nonlicensed § 4090. Disclosure of Information

Updated 1/15/2020

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The board shall adopt rules requiring persons entered on the roster to disclose to each client the psychotherapist's professional qualifications and experience, those actions that constitute unprofessional conduct, and the method for filing a complaint or making a consumer inquiry, and provisions relating to the manner in which the information shall be displayed and signed by both the rostered psychotherapist and the client. The rules may include provisions for applying or modifying these requirements in cases involving institutionalized clients, minors and adults under the supervision of a guardian.

[The Vermont Statutes Online](#)

Title 3: Executive

Chapter 5: SECRETARY OF STATE Sub-Chapter 3: Professional Regulation 3 V.S.A. § 129a. **Unprofessional conduct**

(a) In addition to any other provision of law, the following conduct by a licensee constitutes unprofessional conduct. When that conduct is by an applicant or person who later becomes an applicant, it may constitute grounds for denial of a license or other disciplinary action. Any one of the following items, or any combination of items, whether or not the conduct at issue was committed within or outside the State, shall constitute unprofessional conduct:

- (1) Fraudulent or deceptive procurement or use of a license.
- (2) Advertising that is intended or has a tendency to deceive.
- (3) Failing to comply with provisions of federal or state statutes or rules governing the practice of the profession.
- (4) Failing to comply with an order of the board or violating any term or condition of a license restricted by the board.
- (5) Practicing the profession when medically or psychologically unfit to do so.
- (6) Delegating professional responsibilities to a person whom the licensed professional knows, or has reason to know, is not qualified by training, experience, education, or licensing credentials to perform them, or knowingly providing professional supervision or serving as a preceptor to a person who has not been licensed or registered as required by the laws of that person's profession.
- (7) Willfully making or filing false reports or records in the practice of the profession; willfully impeding or obstructing the proper making or filing of reports or records or willfully failing to file the proper reports or records.
- (8) Failing to make available promptly to a person using professional health care services, that person's representative, or succeeding health care professionals or institutions, upon written request and direction of the person using professional health care services, copies of that person's records in the possession or under the control of the licensed practitioner, or failing to notify patients or clients how to obtain their records when a practice closes.
- (9) Failing to retain client records for a period of seven years, unless laws specific to the profession allow for a shorter retention period. When other laws or agency rules require retention for a longer period of time, the longer retention period shall apply.
- (10) Conviction of a crime related to the practice of the profession or conviction of a felony, whether or not related to the practice of the profession.
- (11) Failing to report to the office a conviction of any felony or any offense related to the practice of the profession in a Vermont District Court, a Vermont Superior Court, a federal court, or a court outside Vermont within 30 days.
- (12) Exercising undue influence on or taking improper advantage of a person using professional services, or promoting the sale of services or goods in a manner which exploits a person for the financial gain of the practitioner or a third party.
- (13) Performing treatments or providing services which the licensee is not qualified to perform or which are beyond the scope of the licensee's education, training, capabilities, experience, or scope of practice.
- (14) Failing to report to the office within 30 days a change of name or address.

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(15) Failing to exercise independent professional judgment in the performance of licensed activities when that judgment is necessary to avoid action repugnant to the obligations of the profession.

(b) Failure to practice competently by reason of any cause on a single occasion or on multiple occasions may constitute unprofessional conduct, whether actual injury to a client, patient, or customer has occurred. Failure to practice competently includes:

(1) Performance of unsafe or unacceptable patient or client care; or

(2) Failure to conform to the essential standards of acceptable and prevailing practice.

(c) The burden of proof in a disciplinary action shall be on the State to show by a preponderance of the evidence that the person has engaged in unprofessional conduct.

(d) After hearing, and upon a finding of unprofessional conduct, a board or an administrative law officer may take disciplinary action against a licensee or applicant, including imposing an administrative penalty not to exceed \$1,000.00 for each unprofessional conduct violation. Any money received under this subsection shall be deposited in the Professional Regulatory Fee Fund established in section 124 of this title for the purpose of providing education and training for board members and advisor appointees. The Director shall detail in the annual report receipts and expenses from money received under this subsection.

(e) In the case where a standard of unprofessional conduct as set forth in this section conflicts with a standard set forth in a specific board's statute or rule, the standard that is most protective of the public shall govern. (Added 1997, No. 40, § 5; amended 2001, No. 151 (Adj. Sess.), § 2, eff. June 27, 2002; 2003, No. 60, § 2; 2005, No. 27, § 5; 2005, No. 148 (Adj. Sess.), § 4; 2009, No. 35, § 2; 2011, No. 66, § 3, eff. June 1, 2011; 2011, No. 116 (Adj. Sess.), § 5.)

§ 4093. Unprofessional conduct

(a) Unprofessional conduct means the following conduct and conduct set forth in section 129a of Title 3: (1) Providing fraudulent or deceptive information in an application for entry on the roster.

(2) Conviction of a crime that evinces an unfitness to practice psychotherapy.

(3) Unauthorized use of a protected title in professional activity.

(4) Conduct which evidences moral unfitness to practice psychotherapy.

(5) Engaging in any sexual conduct with a client, or with the immediate family member of a client, with whom the psychotherapist has had a professional relationship within the previous two years.

(6) Harassing, intimidating or abusing a client.

(7) Entering into an additional relationship with a client, supervisee, research participant or student that might impair the psychotherapist's objectivity or otherwise interfere with his or her professional obligations.

(8) Practicing outside or beyond a psychotherapist's area of training, experience or competence without appropriate supervision.

(b) After hearing, and upon a finding of unprofessional conduct, the board may take disciplinary action against a rostered psychotherapist or an applicant. (Added 1993, No. 222 (Adj. Sess.), § 17; amended 1997, No. 40, § 71; 1997, No. 145 (Adj. Sess.), § 61; 1999, No. 52, § 37.)

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CLIENT’S DISCLOSURE INFORMATION

My signature acknowledges that I have been given the professional qualifications and experience of Lyndsi L. Fischer, a listing of actions that constitutes unprofessional conduct according to Vermont Statutes, and the method for making a consumer inquiry or filing a complaint with the Office of Professional Regulation. This information was given to me no later than my third office visit.

My practice is also governed by the Rules of the Board of Allied Mental Health Practitioners. It is unprofessional conduct to violate these rules. A copy of the rules may be obtained from the Board or online at <http://vtprofessionals.org/>.

Client Signature

Date

Practitioner’s Signature

Date