



167 North Main Street
Wallingford, Vermont 05773
www.MapleLeafClinic.com

Phone: 802-446-3577
Fax: 802-446-3801
Email: MapleLeafClinic@vermontel.net

Lindsey Gail Johnston, M.S. Professional Disclosure

Formal Education:

- 8/10-5/13 College of Saint Joseph
Rutland, Vermont
Master of Science in Clinical Psychology
- 9/06-5/09 College of St. Catherine
St. Paul, Minnesota
Bachelor of Arts in Psychology

Training and Continuing Education:

Date(s): 3/15/19

Title: Disconnected: Addressing Socially Based Trauma

Location: Rutland, Vermont

Trainer(s)/training institution: Mark Nickerson, LICSW; Vermont Psychological Association (VPA)

Subject/content: This workshop will explore concepts including social information processing, ingroup/outgroup effects, social identity formation, internalized social messages, the impact of “isms” and a range of cultural factors. Clinical methods outlined for a trauma-informed treatment approach will integrate best practices in cultural competence and include a topic-related description of useful EMDR therapy strategies.

Completed: Yes

Credentials awarded (if any): *None (13 contact hours)**

Date(s): 12/7/18 & 12/8/18

Title: Treating Dissociative Disorders with EMDR: The Progressive Approach & EMDR Therapy for Suicidal Clients and Self-Harming Behaviors

Location: Natick, Massachusetts

Trainer(s)/training institution: Dolores Mosquera, M.S.

Subject/content: On day one of workshop: Describe three key aspects of the Progressive Approach model for dissociative clients from the EMDR perspective and the AIP model; identify three or more EMDR procedures for dissociative clients and link these to different phases of EMDR treatment; list examples of dissociative phobias and how to describe methods to work with them; explain three or more strategies for exploring the internal system safely in complex trauma cases; explain three procedures including when, where and how to apply these procedures in their clinical practice (with aid of the book *EMDR and Dissociation: the Progressive Ap*

proach, if necessary); list three or more subtle dissociative signals and explain how to adapt treatment pacing to these signals in each case. On day two of workshop: Describe the different stages of suicide ideation and how to work with them; understand self-harm and suicide from the AIP perspective; identify specific structured EMDR interventions intended to improve clients' capacities for basic self-care and emotional self-regulation; name at least 3 different examples of relevant targets in the work with suicidal clients; recognize and select appropriate responses for coping with suicide and self-harming behaviors; recognize and resolve challenging clinical situations that frequently arise in treating clients with repeated suicide attempts and self-harming behaviors.

Completed: Yes

Credentials awarded (if any): *None (12 contact hours)**

Date(s): 6/9/18 & 6/10/18

Title: An Introduction to the Integration of Structural Dissociation, Ego State Therapy, and EMDR Therapy

Location: Amherst, Massachusetts

Trainer(s)/training institution: Farnsworth Lobenstine, LICSW

Subject/content: This two-day workshop will provide participants who have completed EMDR basic training with an Introduction to Structural Dissociation and Ego State Therapy theory and when it is useful with clients being treatment with an EMDR/Adaptive Information Processing Approach. From an AIP perspective, ego states are distinct neuronal networks in the brain. Each has amore or less distinct sense of self. Participants will leave the workshop with experience using the Dissociative Table and ten specific tools to facilitate work with clients' aspects of selves.

Completed: Yes

Credentials awarded (if any): *None (13 contact hours)**

Date(s): 2/23/18, 2/24/18, & 2/25/18

Title: EMDR Institute Basic Training Course: Weekend 2 of the Two-Part EMDR Therapy Basic Training

Location: Natick, Massachusetts

Trainer(s)/training institution: Deany Laliotis, LICSW; EMDR Institute, Inc. (EMDRIA)

Subject/content: Weekend 2 provides a continued understanding of EMDR therapy model and more advanced practices to continue working with clients, and to work with complex cases. Lectures include: review of comprehensive EMDR therapy approach, complex clinical presentations, resource development and installation, strategies for blocked processing, working with special populations (e.g. phobias, somatic disorders, addictions, dissociative disorders, couples, grief and mourning, and combat veterans and first responders), Eye Movement and Desensitization (EMD), and recent events protocol. Supervised practice sessions included: Preparation and History Taking, EMDR reprocessing selected memory and closure (phases 3-7), reevaluation of selected memory, present triggers, and future templates, resource developmental and installation, and

Completed: Yes

Credentials awarded (if any): *None (20 contact hours)**

Date(s): 10/27/17, 10/28/17, & 10/29/17

Title: EMDR Institute Basic Training Course: Weekend 1 of the Two Part EMDR Therapy Basic Training

Location: Natick, Massachusetts

Trainer(s)/training institution: Mark Nickerson, LCSW; EMDR Institute, Inc. (EMDRIA)

Subject/content: Weekend 1 provides a working understanding of EMDR therapy model and basic practices to begin working with clients. Lectures include: overview of EMDR therapy, adaptive information processing model (AIP), selection criteria to evaluate readiness for processing, stabilization and resourcing strategies, strategies for facilitating processing, working with children, and recent events protocol. Supervised practice sessions included: Preparation and History Taking, EMDR reprocessing selected memory and closure (phases 3-7), and reevaluation of selected memory, present triggers, and future templates.

Completed: Yes

Credentials awarded (if any): *None (20 contact hours)**

Date(s): 8/29/17

Title: “Childhood Adversity: The Neuroscience of Risk and Resilience”

Location: Franklin Conference Center at the Howe Center, Rutland, Vermont

Trainer(s)/training institution: Robert R. Althoff, M.D., Ph.D.; Lauren Norford, LICSW; Rebecca Day, LICSW; Laura Knowles; Lisa Steckler, LMHC, LADC

Subject/Content: A discussion of the impact of Adverse Childhood Experiences (ACEs) on child development and strategies for incorporating resilience in supporting practices into school, clinical, and community settings.

Completed: Yes

Credentials awarded (if any): *None (2.5 contact hours)**

Date(s): 6/5/17

Title: Vermont Suicide Prevention Symposium: Pathway to Care for Effective Suicide Prevention

Location: Killington Grand Resort Hotel, Killington, Vermont

Trainer(s)/training institution: Thomas Delaney, PhD; Mike Hogan PhD; Becky Stoll, LCSW; E. David Klonsky, PhD; Richard T. McKeon, PhD, MPH

Subject/Content: The success of implementing Zero Suicide in VT relies on the connections between healthcare professionals and mental health organizations. It is critical for professionals to work with clients on the Pathway to Care from prevention through recovery. The Zero Suicide Pathway to Care is: screening, safety planning, lethal means restriction, treatment, and follow-up. The success of this pathway depends on a suicide savvy workforce at every stage with the goal that one no “falls through the cracks.” The symposium will discuss the Pathway to Care and give you the tools to bring back to your community.

Completed: Yes

Credentials awarded (if any): *None*

Date(s): 10/26/16

Title: Team Two Responding to a Mental Health Crisis

Location: South Burlington Police Department, Burlington, Vermont

Trainer(s)/training institution: Kristin J. Chandler, Esquire; Department of Mental Health

Subject/Content: Collaborative training with mobile crisis mental health professionals and law enforcement for an interdisciplinary training model. Focuses on mental health crisis response by law enforcement and mental health mobile crisis. Review of relevant statutes, table top exercises, panel presentation, and resource information as well as practical discussion.

Completed: Yes

Credentials awarded (if any): *None**

Date(s): 9/29/15

Title: Chronic Traumatic Stress and the Developing Child

Location: Franklin Conference Center at Howe Center in Rutland, Vermont

Trainer(s)/training institution: Dave Melnick, LICSW of the Northeastern Family Institute, Vermont (NFI) presented by Child First Advocacy Center (CFAC)

Subject/Content: Developmental trauma and its impacts in working with children and adolescents. Utilizing trauma-informed care to understand working with those impacted by developmental trauma. Addressing brain structure and seven impacts related to developmental trauma. Reviewing strategies for addressing impacts of developmental trauma in therapeutic settings as well as educational settings.

Completed: Yes

Credentials awarded (if any): *5.5 hours of training**

Date(s): 9/16/15

Title: Qualified Mental Health Practitioner (QMHP) Re-certification

Location: Education and Wellness Center at Rutland Mental Health Services in Rutland, Vermont

Trainer(s)/training institution: Philip Back of Department of Mental Health's Legal Division and Taryn Austin MSW, LICSW

Subject/Content: Covering applicable Vermont Statutes for Emergency Examination, Warrant, the legal definition of Mental Illness, the legal definition of a Person in Need of Treatment, and criteria for meeting involuntary status. Review of necessary documentation and criteria required in legal documentation. Review of process regarding execution of Warrants, Emergency Examinations, Court Screenings, 12-hour assessments of patients awaiting placement, transportation checklists, use of tele practice for second certification of Emergency Examinations, and other reporting requirements (e.g., to the Vermont Psychiatric Care Hospital).

Completed: Yes

Credentials awarded (if any): *None; re-certification of QMHP, 3 hours**

Date(s): 6/26/15

Title: Vermont Mental Health and the Law 2015

Location: Hilton in Burlington, Vermont

Trainer(s)/training institution: Kristin Chandler, JD, Eileen Elliott, and Bob Wolford, LICSW; Presented by PESI

Subject/Content: Objectives met included discussing the commitment process, describing the use of informed consent, identify the latest breaches and incidents under HIPAA, listing at least five common licensing and unprofessional conduct issues, distinguishing between diversion and treatment options for individuals with mental illness who are involved in the criminal justice sys

tem, and explaining the pre-arrest to re-entry court process. Changes in Vermont law regarding the commitment process and HIPAA were discussed.

Completed: Yes

Credentials awarded (if any): *3 Continuing Education Ethics Credits**

Date(s): 11/20/14

Title: Psychotherapy with Adolescent Clients

Location: Brattleboro Retreat in Brattleboro, Vermont

Trainer(s)/training institution: Lisa Damour, PhD; Brattleboro Retreat in Brattleboro, Vermont

Subject/Content: Utilize information from the initial phone call to determine the adolescent's level of interest, who should attend the first appointment, explain the evaluation process and build an appropriate relationship with the parents. Utilize the evaluation phase to determine who should be attending psychotherapy (the adolescent, the parents, both) and communicate respect for the teenager's wishes. Develop a working relationship with the adolescent's parents while maintaining the teenager's confidentiality and trust. Discuss how therapeutic techniques with teenagers can differ from techniques used with children and adults. Apply the seven developmental lines of adolescence in making assessments. Apply specific clinical techniques for helping adolescents move ahead in the developmental lines where they are stuck or lagging behind.

Completed: Yes

Credentials awarded (if any): *6 Continuing Education Credits**

Date(s): 9/26/14

Title: Diverse Perspectives on Everyday Law and Ethics

Location: Capitol Plaza in Montpelier, Vermont

Trainer(s)/training institution: Larry Novins, JP; Stephen Behnke, JD, PhD, MDiv; Ken Major, PsyD; The Vermont Psychological Association, The Vermont Board of Psychological Examiners, and the APA Ethics Office

Subject/Content: Participants will have an opportunity to hear diverse perspectives on everyday dilemmas encountered by psychologists. A series of discussions will be had to explore legal, clinical, and ethical dimensions of practice-based vignettes. Emphasis on how ethics codes and law can be used as resources to guide and enhance sound decision-making.

Completed: Yes

Credentials awarded (if any): *6 Continuing Education Ethics Credits**

Date(s): 4/25/14

Title: The 2014 Introduction to Transgender Medicine Conference at Dartmouth-Hitchcock Medical Center

Location: Dartmouth-Hitchcock Medical Center in Lebanon, New Hampshire

Trainer(s)/training institution: Richard I. Rothstein, MD; John H. Turco, MD; Evan Eyler, MD, MPH; Benjamin Boh, DO; Reese C. Kelly, PhD; Teddi Lovko, MD; Dartmouth-Hitchcock Medical Center in Lebanon, New Hampshire

Subject/Content: Design a plan of care that incorporates established professional guidelines for the appropriate care of transgender pre-pubertal and adolescent patients. Design a plan of care that incorporates established professional guidelines for the appropriate care of transgender adult patients. Identify mental health issues faced by transgender patients. Compare and contrast the

primary care needs for MtF and FtM transgender patients. Discuss patient focused planning related to transgender surgical care. Explain how transgender individuals' experiences of discrimination lead to poor health outcomes. Identify patients who may be appropriate for hormone therapy.

Completed: Yes

Credentials awarded (if any): *6 AMA PRA Category Credits**

Date(s): 11/1/13

Title: Unlocking Suicidal Secrets, New Thoughts on Old Problems in Suicide Prevention

Location: Keene, New Hampshire

Trainer(s)/training institution: Shawn Christopher Shea, MD; MAPS Counseling Services in Keene, New Hampshire

Subject/Content: Addressing new thoughts on a clinical formulation of suicidal risk based on evidence-based and practice-based examples. Emphasis on sound clinical documentation with reference to legal standards of practice.

Completed: Yes

Credentials awarded (if any): *6 Category I Continuing Education Credits by NH NASW (approval #2994)**

Date(s): 6/13/13

Title: Qualified Mental Health Practitioner Training Mental Health Involuntary Treatment: Legal Issues in Involuntary Psychiatric Care

Location: Washington Mental Health Services in South Barre, Vermont

Trainer(s)/training institution: Kristin J. Chandler, Esquire; Department of Mental Health

Subject/Content: Covering applicable Vermont Statutes for Emergency Examination, Warrant, the legal definition of Mental Illness, the legal definition of a Person in Need of Treatment, and criteria for meeting involuntary status. Review of necessary documentation and criteria required in legal documentation.

Completed: Yes

Credentials awarded (if any): *None, certification of attendance provided, 5 hours**

Date(s): 5/10/13

Title: Team Two Responding to a Mental Health Crisis: Train-the-Trainer

Location: National Guard Army Reserve in Rutland, Vermont

Trainer(s)/training institution: Kristin J. Chandler, Esquire; Department of Mental Health

Subject/Content: Collaborative training with mobile crisis mental health professionals and law enforcement for an interdisciplinary training model. Focuses on mental health crisis response by law enforcement and mental health mobile crisis. Review of relevant statutes, table top exercises, panel presentation, and resource information as well as practical discussion.

Completed: Yes

Credentials awarded (if any): *5.75 as approved by the Mandatory Continuing Legal Education Board; approval pending from the National Association of Social Workers and the Board of Allied Mental Health Practitioners**

Date(s): 5/1/13, 5/8/13, & 5/15/13

Title: National Alliance on Mental Illness (NAMI) Provider Education

Location: Rutland Regional Medical Center in Rutland, Vermont

Trainer(s)/training institution: National Alliance on Mental Illness (NAMI): Vermont 162 South Main Street, Waterbury, VT 05676

Subject/Content: Presenting a penetrating, subjective view of family and consumer experiences with serious mental illness for professionals who work directly with individuals experiencing severe and persistent mental illnesses. Emphasizes hardships faced by consumers and families.

Completed: Yes

Credentials awarded (if any): *CEU approved, 15 hours**

Date(s): 2/8/13

Title: DSM-5: Controversies, Changes, and Clinical Implications

Location: Capitol Plaza in Montpelier, Vermont

Trainer(s)/training institution: Jerome C. Wakefield, PhD, DSW, LCSW; Vermont Psychological Association

Subject/Content: Prior to the release of the DSM 5 in May 2013, discussion of changes that will occur that will alter diagnosis in a clinical practice. Review of new diagnostic categories as well as the changes being a reflection in new knowledge or new understanding of mental health disorders. Review of overall changes in the structure of the manual. Review of controversial changes and additions to the manual.

Completed: Yes

Credentials awarded (if any): *None due to tele-attendance due to weather conditions*

Date(s): 10/9/12

Title: College Symposium: Working Together to Address High-Risk Drinking on College Campuses

Location: Norwich University in Northfield, Vermont

Trainer(s)/training institution: Vermont Department of Health Division of Alcohol and Drug Abuse Programs

Subject/Content: Addressing recent trends in drinking at Vermont colleges including risks to mental health of the individual and risks to the campus community. Discussing evidence-based effective programs that have been instituted across Vermont to address high-risk drinking on college campuses. Discussing other effective strategies that can be employed at colleges.

Completed: Yes

Credentials awarded (if any): *None, certificate of attendance and participation awarded*

Date(s): 6/14/12

Title: Anatomy of an Epidemic: Rethinking Mental Illness and the Long Term Effects of Psychiatric Drugs

Location: Rutland Mental Health Services in Rutland, Vermont (video conference)

Trainer(s)/training institution: Robert Whitaker, Health Care and Rehabilitation Services (HCRS), 390 River Street, Springfield, Vermont

Subject/Content: Describe how psychiatric medications act on the brain and how the brain responds to such drugs. Discuss how a review of the history of the outcomes literature can help us understand how medications affect the long-term course of psychiatric disorders. Address the questions raised by the long-term outcomes literature for schizophrenia, affective disorders, and pediatric disorders. Describe the good outcomes for psychotic patients in West Lapland, Finland,

as an example of how incorporating the long-term outcomes literature into medication protocols can dramatically improve outcomes.

Completed: Yes

Credentials awarded (if any): *3.5 Continuing Education Credits have been pre-approved for those professionals for psychologists from their credentialing organizations**

Date(s): 4/13/12

Title: Digital Reality for Psychologists: Leveraging the Power of E-technology in Clinical Practice

Location: Capitol Plaza in Montpelier, Vermont

Trainer(s)/training institution: Nancy Silberg, PhD; Jay Hoffman; Daniel Hoffman; Vermont Psychological Association in Montpelier, Vermont

Subject/Content: How to use a variety of new technology and incorporate this into clinical practice. Discussion of appropriate considerations for privacy and HIPAA, such as understanding encryption for technology resources. Consideration of technology for patient education and treatment outcomes, business management tools, scheduling, and file storage.

Completed: Yes

Credentials awarded (if any): *6 continuing education credits**

Date(s): 11/3/11

Title: Risk Management in the Electronic Age

Location: Capitol Plaza in Montpelier, Vermont

Trainer(s)/training institution: Eric Harris, JD, PhD; Jeffrey Younggren PhD; APA Trust; Vermont Psychological Association in Montpelier, Vermont

Subject/Content: Discussing a variety of current topics in regards to psychological practice in the electronic age with encouragement for practitioners to be part of the development of rules in this new area of practice as healthcare, tele-practice, electronic medical records, and social media gain more prominence in everyday life. Addressing topics focused on risk management, maintaining privacy and confidentiality, application of ethical principles, federal and state regulatory issues, use of electronic communication, HIPAA, electronic security, and electronic file storage.

Completed: Yes

Credential awarded (if any): *6 Continuing Education Credits in Ethics**

Date(s): 6/6/11 & 6/7/11

Title: Behavioral Health Disaster Response Training

Location: Rutland Regional Medical Center in Rutland, Vermont

Trainer(s)/training institution: Rutland Mental Health Services; Agency of Human Services, Department of Mental Health

Subject/Content: Covering the following topics- Basic Disaster Response, Psychological First Aid, Recognizing Trauma- Physiology and Intervention, Incident Command and Emergency Preparedness Unit, Intro to Sudden Death Response, Psychological First aid within the Disaster Environment, and National Incident Management System (NIMS) 700. Role-playing scenarios, talking about team dynamics.

Completed: Yes

Credentials awarded (if any): *None*

Date(s): 11/5/10

Title: The Good Enough Sex Model: Couples Treatment for Growth and Satisfaction over the Life Cycle

Location: Brattleboro Retreat in Brattleboro, Vermont

Trainer(s)/training institution: Michael E. Metz, PhD; Brattleboro Retreat in Brattleboro, Vermont

Subject/Content: Discuss why our clinical models are crucial to therapeutic success: disorders and dysfunction vs. health and satisfaction. List at least four components of this comprehensive, bio-psycho-social, multidimensional approach to individual and couple sexual health satisfaction. Summarize 12 core features of the “Good-Enough Couple Sex” (GES) Model. Identify the five basic motivations for sex, the three cognitive arousal styles, the importance of sexual variability and flexibility, and how regular sex is the couple’s “intimacy blender.” Integrate GES features into a variety of clinical modalities.

Completed: Yes

Credentials awarded (if any): *None*

*Note: Although I was awarded certificates of participation that qualified for Continuing Education credits, these credits were not applicable because I am not licensed.

Practice Experience:

- 3/14-Present **Maple Leaf Clinic**, 167 North Main Street, Wallingford, Vermont 05773
Clinician, full-time
 Completing disability evaluations for the State of Vermont, MMSE and MMSE+; providing outpatient individual psychotherapy to children, adolescents, and adults; use of EMDR therapy; administer and interpret psychological assessments under the supervision of Dr. Dean Mooney.
Supervisor: Dr. Dean J.M. Mooney, PhD, NCSP
 Licensed Clinical Psychologist- Doctorate
 Licensed School Psychologist- Vermont
 Nationally Certified School Psychologist
Supervision: in-person, individual and group, weekly for a cumulative of two hours, or more as needed
- 8/16-5/19 **College of St. Joseph**, 71 Clement Road, Rutland, Vermont 05701
Adjunct Professor, part-time faculty
 Teaching undergraduate course, HUS216 Evaluation Techniques, for Fall 2016 semester
 Teaching undergraduate course, PSY102 Introduction to Psychology, for Spring 2017
 Teaching undergraduate course, PSY102 Introduction to Psychology, for Fall 2017
 Teaching undergraduate course, PSY102 Introduction to Psychology, for Spring 2018
 Teaching undergraduate course, PSY102 Introduction to Psychology, for Fall 2018
 Teaching graduate course, GPS506 Family Systems, for Spring 2019

Lindsey Gail Johnston, M.S.

Supervisor: Dr. Michael Kesler, Division Chair of Division of Psychology and Human Services

Supervision: Available with peers and supervisor as needed; in-person, email, and/or phone support and supervision

Supervisor: Kimberly Rider (active)

Licensed Psychologist- Masters (Vermont)

Supervision: in-person, group, weekly, for one hour

Consultation: Dr. Barbara J. Korzun (not active)

Licensed Psychologist- Doctorate (New Jersey)

Consultation: group consultation by phone as scheduled for EMDR, email and/or phone as needed

Supervisor: Gary Watulak (not active)

Licensed Psychologist- Masters (Vermont)

Supervision: in-person, individual, weekly, for one hour

Supervisor: Dr. Ronald Hedgepeth (not active)

Licensed Clinical Psychologist- Doctorate (Vermont)

Supervision: (past) in-person, individual, weekly, for approximately one hour

Supervisor: Dr. William Cunningham (not active)

Licensed Clinical Psychologist- Doctorate (Vermont)

Supervision: (past) in-person, weekly, for one hour; in-person, group, weekly, for one hour

4/14-5/17

HowardCenter, 855 Pine Street, Burlington, Vermont 05401

Mobile Crisis Clinician, substitute (less than part-time)

Providing emergency screening and assessment, both in the hospital/office and in the community, to determine an appropriate disposition for psychiatric care as needed; assisting people to connect with resources in their community to help meet their mental health treatment needs as well as co-occurring factors; working with adults and families around mental health and substance abuse issues; collaborating with local and state law enforcement; providing phone support 24/7; certified as a Qualified Mental Health Professional through the State of Vermont Department of Mental Health; completing Applications for Emergency Examinations and Warrants for Emergency Examinations under the State of Vermont Department of Mental Health.

Supervisor: Amy Curtis (February 2017-May 2017), Charlotte McCorkel (October 2016-February 2017), Dr. Neil Metzner (February 2014-October 2016), Taryn Austin, MSW, LICSW (April 2014-February 2014)

Supervision: Available with peers on shift as needed; available with on-call psychiatry resident as needed for disposition; available by phone with direct supervisor as needed

5/13-2/14

Rutland Mental Health Services, 78 S. Main St., Rutland, Vermont 05701

Crisis Clinician, full-time

Providing emergency screening and assessment to determine an appropriate disposition for psychiatric care as needed; assisting people to connect with resources in their community to help meet their treatment needs; working with adults, children, and families around mental health and substance abuse issues; collaborating with local and state law enforcement; certified as a Qualified Mental Health Professional through the State of Vermont Department of Mental Health.

Supervisor: Mike O'Brien, Director of Adult Services, Crisis Director

Supervision: in-person, individual, bi-weekly (on average), for one hour; four hour group supervision bi-weekly

Supervisor: Dr. William Cunningham (not active)

Licensed Clinical Psychologist- Doctorate

Supervision: (past) in-person, weekly, for one hour; in-person, group, weekly, for one hour

11/09 – 5/13

Rutland Mental Health Services, 78 S. Main St., Rutland, Vermont 05701

Crisis Stabilization and Inpatient Diversion (CSID)

Crisis Recovery Specialist, part-time to full-time

Assisting clients in minimizing symptoms of acute psychiatric episodes by structuring wellness activities, assessing needs and preferences within the crisis residence and in the community, supportive counseling, planning discharge services and assisting clients for reintegration into the community; establishing and maintaining a safe, healthy and therapeutic residential environment; medication administration under supervision of nursing staff; effective communication and a good working relationship with the treatment team across all shifts; admission and discharge from program.

Supervisor: Suzy Anderson, M.A., CSID Director

Supervision: Monthly staff meetings, two hours; individual as needed

8/12-5/13

Counseling Services at the College of St. Joseph, 71 Clement Road, Rutland, Vermont 05701

Graduate Intern, part-time

Individual counseling sessions; treatment planning; case management services; maintaining regular documentation including progress notes, diagnosis & evaluation, plan of care reviews, and discharge summaries; organizing and promoting relevant outreach events on-campus; organizing the

3rd Annual Wellness Fair; facilitating and co-facilitating Life Skills groups on a bi-weekly basis.

Supervisor: Mark Gagnon, LICSW, LADC, Director of Counseling Services

Supervision: in-person, weekly, for one hour, and as needed

Scope of Practice:

Therapeutic orientation: Integrated approach that combines Developmental, Feminist, and Humanistic theories and techniques. Client-centered.

Area of Specialization: Treatment of individuals with Gender Dysphoric Disorder (previously Gender Identity Disorder); trauma-informed treatment for children, adolescents, and adults

Treatment methods: Client-centered, collaborative, use of violence and suicidal risk assessment (applicable primarily to Crisis work), supportive counseling, Eye Movement Desensitization and Reprocessing (EMDR)

Information concerning unprofessional conduct for the profession follows.

Office of Professional Regulation Notice

The Office of Professional Regulation provides Vermont licenses, certifications, and registrations for over 56,000 practitioners and businesses. Forty-six professions and occupations are supported and managed by this office. A list of professions regulated is found below.

Each profession or occupation is governed by laws defining professional conduct. Consumers who have inquiries or wish to obtain a form to register a complaint may do so by calling (802) 828-1505, or by writing to the Director of the Office, Secretary, VT 05620-3402.

Upon receipt of a complaint, an administrative review determines if the issues raised are covered by the applicable professional conduct statute. If so, a committee is assigned to investigate, collect information, and recommend action or closure to the appropriate governing body.

All complaint investigations are confidential. Should the investigation conclude with a decision for disciplinary action against a professional's license and ability to practice, the name of the license holder will then be made public.

Complaint investigations focus on licensure and fitness of the licensee to practice. Disciplinary action, when warranted, ranges from warning to revocation of license, based on the circumstances. You should not expect a return of fees paid or additional unpaid services as part of the results of this process. If you seek restitution of this nature, consider consulting with the Consumer Protection Division of the Office of the Attorney General, retaining an attorney, or filing a case in Small Claims Court.

Accountancy Acupuncture
 Architects
 Athletic Trainers Auctioneers
 Audiologists
 Barbers & Cosmetologists Boxing Control Chiropractic
 Dental Examiners
 Dietitians
 Drug and Alcohol Counselor Electrolysis
 Professional Engineering
 Funeral Service
 Hearing Aid Dispensers
 Land Surveyors
 Landscape Architects
 Marriage & Family Therapists Clinical Mental Health Counselors Midwives, Licensed
 Motor Vehicle Racing
 Naturopaths
 Nursing
 Nursing Home Administrators
 Occupational Therapists Opticians
 Optometry
 Osteopathic Physicians and Surgeons
 Pharmacy
 Physical Therapists
 Private Investigative & Security Services
 Property Inspectors Psychoanalyst Psychology
 Psychotherapist, Non-licensed Radiologic Technology
 Real Estate Appraisers Real Estate
 Respiratory Care
 Social Workers, Clinical
 Tattooists
 Veterinary

Chapter 78: Roster of Psychotherapists Who Are Nonlicensed § 4090. Disclosure of Information

The board shall adopt rules requiring persons entered on the roster to disclose to each client the psychotherapist's professional qualifications and experience, those actions that constitute unprofessional conduct, and the method for filing a complaint or making a consumer inquiry, and provisions relating to the manner in which the information shall be displayed and signed by both the rostered psychotherapist and the client. The rules may include provisions for applying or modifying these requirements in cases involving institutionalized clients, minors and adults under the supervision of a guardian.

[The Vermont Statutes Online](#)

Title 3: Executive

Chapter 5: SECRETARY OF STATE Sub-Chapter 3: Professional Regulation 3 V.S.A. § 129a. Unprofessional conduct

(a) In addition to any other provision of law, the following conduct by a licensee constitutes unprofessional conduct. When that conduct is by an applicant or person who later becomes an applicant, it may constitute grounds for denial of a license or other disciplinary action. Any one of the following items, or any combination of items, whether or not the conduct at issue was committed within or outside the State, shall constitute unprofessional conduct:

- (1) Fraudulent or deceptive procurement or use of a license.
- (2) Advertising that is intended or has a tendency to deceive.
- (3) Failing to comply with provisions of federal or state statutes or rules governing the practice of the profession.
- (4) Failing to comply with an order of the board or violating any term or condition of a license restricted by the board.
- (5) Practicing the profession when medically or psychologically unfit to do so.
- (6) Delegating professional responsibilities to a person whom the licensed professional knows, or has reason to know, is not qualified by training, experience, education, or licensing credentials to perform them, or knowingly providing professional supervision or serving as a preceptor to a person who has not been licensed or registered as required by the laws of that person's profession.
- (7) Willfully making or filing false reports or records in the practice of the profession; willfully impeding or obstructing the proper making or filing of reports or records or willfully failing to file the proper reports or records.
- (8) Failing to make available promptly to a person using professional health care services, that person's representative, or succeeding health care professionals or institutions, upon written request and direction of the person using professional health care services, copies of that person's records in the possession or under the control of the licensed practitioner, or failing to notify patients or clients how to obtain their records when a practice closes.
- (9) Failing to retain client records for a period of seven years, unless laws specific to the profession allow for a shorter retention period. When other laws or agency rules require retention for a longer period of time, the longer retention period shall apply.
- (10) Conviction of a crime related to the practice of the profession or conviction of a felony, whether or not related to the practice of the profession.
- (11) Failing to report to the office a conviction of any felony or any offense related to the practice of the profession in a Vermont District Court, a Vermont Superior Court, a federal court, or a court outside Vermont within 30 days.
- (12) Exercising undue influence on or taking improper advantage of a person using professional services, or promoting the sale of services or goods in a manner which exploits a person for the financial gain of the practitioner or a third party.
- (13) Performing treatments or providing services which the licensee is not qualified to perform or which are beyond the scope of the licensee's education, training, capabilities, experience, or scope of practice.
- (14) Failing to report to the office within 30 days a change of name or address.

- (15) Failing to exercise independent professional judgment in the performance of licensed activities when that judgment is necessary to avoid action repugnant to the obligations of the profession.
- (b) Failure to practice competently by reason of any cause on a single occasion or on multiple occasions may constitute unprofessional conduct, whether actual injury to a client, patient, or customer has occurred. Failure to practice competently includes:
- (1) performance of unsafe or unacceptable patient or client care; or
 - (2) failure to conform to the essential standards of acceptable and prevailing practice.
- (c) The burden of proof in a disciplinary action shall be on the State to show by a preponderance of the evidence that the person has engaged in unprofessional conduct.
- (d) After hearing, and upon a finding of unprofessional conduct, a board or an administrative law officer may take disciplinary action against a licensee or applicant, including imposing an administrative penalty not to exceed \$1,000.00 for each unprofessional conduct violation. Any money received under this subsection shall be deposited in the Professional Regulatory Fee Fund established in section 124 of this title for the purpose of providing education and training for board members and advisor appointees. The Director shall detail in the annual report receipts and expenses from money received under this subsection.
- (e) In the case where a standard of unprofessional conduct as set forth in this section conflicts with a standard set forth in a specific board's statute or rule, the standard that is most protective of the public shall govern. (Added 1997, No. 40, § 5; amended 2001, No. 151 (Adj. Sess.), § 2, eff. June 27, 2002; 2003, No. 60, § 2; 2005, No. 27, § 5; 2005, No. 148 (Adj. Sess.), § 4; 2009, No. 35, § 2; 2011, No. 66, § 3, eff. June 1, 2011; 2011, No. 116 (Adj. Sess.), § 5.)

§ 4093. Unprofessional conduct

- (a) Unprofessional conduct means the following conduct and conduct set forth in section 129a of Title 3: (1) Providing fraudulent or deceptive information in an application for entry on the roster.
- (2) Conviction of a crime that evinces an unfitness to practice psychotherapy.
 - (3) Unauthorized use of a protected title in professional activity.
 - (4) Conduct which evidences moral unfitness to practice psychotherapy.
 - (5) Engaging in any sexual conduct with a client, or with the immediate family member of a client, with whom the psychotherapist has had a professional relationship within the previous two years.
 - (6) Harassing, intimidating or abusing a client.
 - (7) Entering into an additional relationship with a client, supervisee, research participant or student that might impair the psychotherapist's objectivity or otherwise interfere with his or her professional obligations.
 - (8) Practicing outside or beyond a psychotherapist's area of training, experience or competence without appropriate supervision.
- (b) After hearing, and upon a finding of unprofessional conduct, the board may take disciplinary action against a rostered psychotherapist or an applicant. (Added 1993, No. 222 (Adj. Sess.), § 17; amended 1997, No. 40, § 71; 1997, No. 145 (Adj. Sess.), § 61; 1999, No. 52, § 37.)

CLIENT'S DISCLOSURE INFORMATION

My signature acknowledges that I have been given the professional qualifications and experience of Lindsey Gail Johnston, a listing of actions that constitutes unprofessional conduct according to Vermont Statutes, and the method for making a consumer inquiry or filing a complaint with the Office of Professional Regulation. This information was given to me no later than my third office visit.

My practice is also governed by the Rules of the Board of Allied Mental Health Practitioners. It is unprofessional conduct to violate these rules. A copy of the rules may be obtained from the Board or online at <http://vtprofessionals.org/>.

Client Signature

Date

Practitioner's Signature

Date