

**Elizabeth T. Mangan, M.S.**  
*Clinical Mental Health Counselor*

Maple Leaf Clinic ~ 167 North Main Street ~ Wallingford, Vermont, U.S.A. ~ 05773  
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**UNIVERSITY EDUCATION**

**Master of Science - Clinical Mental Health Counseling, 2019**

College of St. Joseph, Rutland, Vermont

\*Served as Graduate Assistant for the Division of Psychology and Human Services

**Bachelor of Arts Degree, 2013**

*Major:* Psychology *Minor* Philosophy

Castleton State College, Castleton, Vermont

GPA: 3.82, *Magna Cum Laude*

**LICENSURE/CERTIFICATION**

Allied Mental Health Practitioner – Non-Licensed & Non-Certified Psychotherapist

**PROFESSIONAL EXPERIENCE**

**Clinician - Maple Leaf Clinic, October 2020 - Present**

Wallingford, Vermont

- ◆ Outpatient Individual and group psychotherapy to adults, children, and families.

**Clinician - Rutland Mental Health Services, May 2019 – September 2020**

**Child & Family Outpatient Program**

Rutland, Vermont 05701

- ◆ Provided and documented direct clinical services to children (age range 5 – 18 years) and their families in accordance with Department of Mental Health Services, Medicaid regulations, and Rutland Mental Health policies.
- ◆ Services provided include: Clinical assessment (Diagnosis & Evaluation), Treatment planning, Psychotherapy (individual and family), Parent Consultation, crisis safety planning, case management, community supports (individual and group), service planning and coordination
- ◆ Developed and maintained close working relationships with internal and external professional supports (primary care providers, psychiatrists, educational providers and behavioral support staff) to collaborate and coordinate services to effectively support clients in achieving their goals.

**Graduate Intern - Rutland Mental Health Services, June 2018 – May 2019**

**Child & Family Outpatient Program**

Rutland, Vermont 05701

- ◆ Received training and gained experience working with children and families in outpatient setting (including office, school, home, community): individual psychotherapy, group psychotherapy, family psychotherapy, therapeutic case management, treatment planning, and crisis safety planning
- ◆ Received training in clinical assessment to inform diagnosis and treatment planning

**Rutland Mental Health Services, June 2018 – May 2019**

**Child & Family Outpatient Program**

Rutland, Vermont 05701

**Community Support Specialist, part-time**

- ◆ Provided emotional support and skill building opportunities in community setting to assist clients in building effective and age appropriate skills related to self-expression, interpersonal skills, emotion regulation, and managing and coping with life stressors.
- ◆ Assisted clients and families in identifying and overcoming barriers to therapeutic progress and/or engagement in services.
- ◆ Community supports were offered as an additional support to clients who are already engaged in psychotherapy with a clinician.

**Professional Affiliations**

American Counseling Association, October 2020 - Present