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## William T. Day, M.S. Professional Disclosure

### **Formal Education:**

- 8/03-05/07 Western Carolina University  
Cullowhee, North Carolina  
Master of Science in Clinical and Mental Health Counseling
- 9/06-5/09 Warren Wilson College  
Asheville, North Carolina  
Bachelor of Arts Environmental Studies & Bachelor of Arts in Outdoor Leadership

### **Training and Continuing Education:**

**Date(s):** April, 2019-July 2020

**Title:** Parent Child Interaction Therapy Training

**Location:** 78 South Main Street, Rutland, VT 05701

**Trainer(s)/training institution:** Lauren Norford LICSW and Rutland Mental Health

**Subject/content:** Using an EMDR framework, and understanding the concept of the window of tolerance, how to utilize EMDR and current trigger work to allow children greater resilience for other trauma work and for life circumstances. These can support parents to co-regulate with children and children to increase their own emotional regulation skills.

**Completed:** Yes

**Credentials awarded (if any):** *PCIT Certified\**

**Date(s):** May 1, 2020

**Title:** Too Old? Too Big? Older Child Adaptations of PCIT

**Location:** On-line

**Trainer(s)/training institution:** For children who are showing behavior problems that would normally benefit from PCIT but are too big to carry to time-out or for those who are too mature to enjoy the high rate of PRIDE skills and positive attention that the little kids love, there is an adaptation for older children that is proving helpful.

**Completed:** Yes

**Credentials awarded (if any):** *None (1 contact hours)\**

**Date(s):** June 13, 2019

**Title:** The United Way of Rutland County, in partnership with the Trauma Avengers, proudly presents: DAVE MELNICK, LICSW Trauma Training

**Location:** Howe Center, Rutland, VT

**Trainer(s)/training institution:** DAVE MELNICK, LICSW

**Subject/content:** Participants will increase their knowledge of the impacts of trauma c stress and become more adept at implement special strategies with their clients. Participants will learn and apply the “core components of trauma-informed organization on” to their work setting. Participants will identify professional risk factors in working with challenging populations and how to prevent compassion fatigue and vicarious trauma.

**Completed:** Yes

**Credentials awarded (if any):** *None (8 contact hours)\**

**Date(s):** July 28, 2018

**Title:** Working With LGBTQ youth

**Location:** The Opera House, Rutland, VT

**Trainer(s)/training institution:** Amanda Rohdenburg, Director of Advocacy at Outright Vermont

**Subject/content:** **This Training** will help participants will raise consciousness of LGBTQ youth experiences, risks, and resilience, work on embedding new learning within the context of their own work and identifying resources and community-based supports for youth. Join us for this exciting offering!

**Completed:** Yes

**Credentials awarded (if any):** *None (8 contact hours)\**

**Date(s):** April 30, 2018 & May 2, 2018

**Title:** Youth Mental Health First Aid

**Location:** PSU, Plymouth NH

**Trainer(s)/training institution:** Lee Ann Berlinquette & Liz Reardon

**Subject/content:** Youth Mental Health First Aid is designed to teach parents, family members, caregivers, teachers, school staff, peers, neighbors, health and human services workers, and other caring citizens how to help an adolescent (age 12-18) who is experiencing a mental health or addictions challenge or is in crisis. Youth Mental Health First Aid is primarily designed for adults who regularly interact with young people. The course introduces common mental health challenges for youth, reviews typical adolescent development, and teaches a 5-step action plan for how to help young people in both crisis and non-crisis situations. Topics covered include anxiety, depression, substance use, disorders in which psychosis may occur, disruptive behavior disorders (including AD/HD), and eating disorders.

**Completed:** Yes

**Credentials awarded (if any):** *Certified YMHFA Instructor\**

**Date(s):** April 16, 2018

**Title:** Partners for Prevention - A Taste of Motivational Interviewing

**Location:** College of St. Joseph

**Trainer(s)/training institution:** Kelly Moriarty, LCMHC, Director of Counseling Services, College of St. Joseph

**Subject/content:** This introductory level workshop offers practitioners in health care, mental health, substance abuse, and social services the opportunity to learn the fundamentals of Motivational Interviewing and to begin to incorporate them into their work. Objectives: Articulate key concepts from Miller and Rollnick's Motivational Interviewing. Practice OARS skills Respond effectively to sustain, discord and change talk Adapt MI method and the spirit to best fit participant's current practice.

**Completed:** Yes

**Credentials awarded (if any):** *None (8 contact hours)\**

**Practice Experience:**

- 01/21-Current      **Maple Leaf Clinic**, 167 North Main Street, Wallingford, VT 05773  
**Clinician**, Full-time  
Worked with youth age 4-19 providing outpatient individual psychotherapy. Incorporated solution focused therapy with play therapy, art therapy, individual therapy, family therapy, group therapy, nature therapy, CBT and trauma informed therapy.  
**Supervisor:** Dr. Dean J.M. Mooney, PhD, NCSP  
Licensed Clinical Psychologist- Doctorate  
Licensed School Psychologist- Vermont  
Nationally Certified School Psychologist  
**Supervision:** in-person, individual and group, weekly for a cumulative of two hours, or more as needed available upon request
- 12/16-01/21      **Rutland Mental Health**, 78 South Main Street, Rutland, VT 05701  
**Clinician**, Full-time  
Worked in the Child and Family department working with traumatized youth age 4-19. Incorporated solution focused therapy with play therapy, art therapy, individual therapy, family therapy, group therapy, nature therapy, CBT and trauma informed therapy. Development of case plans, close coordination with schools and community providers and navigating the CSP and LIT process. Taught Youth Mental Health First Aid courses, Designed and implemented several wilderness based therapy groups with co-therapist. From January 2019-July 2019 also worked for the crisis Department in conjunction with RRMC doing assessments for the county pertaining to suicidal and homicidal behavior.  
**Supervisor:** Karen Braeutigam, LICSW (December 2016-January 2018), Doug Norford, LICSW January 2018-November 2018), Scout Louiselle, M.S. (November 2018 – January 2021)  
**Supervision:** in-person, individual and group, weekly for a cumulative of two hours, or more as needed
- 12/15-9/16      **North Star Hospital**, 2530 DeBarr Road, Anchorage, AK 99508  
**Clinician**, Full Time  
Worked in an integrated care setting with psychiatrists, psychologists, medical doctors, nurses and mental health professionals as a clinical therapist in an acute psychiatric hospital for children aged 4-18 (only acute facility of its kind to take children under 12 in state of Alaska). Creating treatment plans for over 14 patients at once that incorporated the integrated care team including patient, family and when applicable probation officers, representative of the Office of Children's Services, and the courts. Gave court testimony in placement hearings on behalf of the hospital and treatment team. Incorporated solution focused therapy with play therapy, art therapy, individual therapy, family therapy, group therapy, nature therapy, CBT and trauma informed therapy in a fast passed setting.  
**Supervisor:** Grace K Smith, LCSW, LISW-CP

**Supervision:** In-person, individual weekly, group bi-monthly supervision

1/13-1/14

**AK Child & Family**, 4600 Abbott Rd, Anchorage, AK 99507

**Residential Clinicain**, full-time

Psychiatric Residential Treatment Facility working with children aged 6-18. Provided therapeutic intervention to youth that included person centered, play therapy, art therapy, activities therapy, sand tray, using nature as a metaphor, and cognitive behavioral therapy to help youth work through trauma, complex trauma and other presenting issues. Maintained an average caseload of seven clients, providing individual therapy, family therapy, group therapy, case management and crisis intervention (including on-call crisis rotation). Developed individualized person centered treatment plans, discharge placements, and review of each treatment plan with the youth and their family as often as possible. Managed staff interactions with students on a daily and weekly basis through staff meetings and one-on-one coaching. Strong personal focus on discovering the strengths of the entire person and family and bringing this into therapy

**Supervisor:** Angela Schumacher, LCSW

**Supervision:** in-person, individual, weekly, for one hour; one-hour group supervision bi-monthly

8/11-5/12

**Eliada Homes, Inc**, 2 Compton Dr, Asheville, NC 28806

**Residential Clinicain**, half-time for 6 months & full-time for 6 months

Psychiatric Residential Treatment Facility working with children aged 5-18. Provide individual, family and group therapy to teens with various diagnoses including oppositional defiant, conduct disorder, PTSD, anxiety, depression, bipolar, ADHD, and autism spectrum disorders. Used a mixture of art therapy, play therapy, and person-centered therapy to work with youth. Maintain a caseload of six clients, providing individual therapy, family therapy and group therapy. Participated in the review board for potential students and advocated for admitting difficult cases. Co-facilitated a presentation on pervasive developmental disorder to entire organization. Strong personal focus on discovering the strengths of the entire person in treatment. Advocate for each client's needs in treatment, team meetings and in treatment design

**Supervision:** In-person, individual 2 times a weekly, group bi-monthly supervision

**Scope of Practice:**

**Therapeutic orientation:** Person Centered Therapist, Reality Based Therapy, Cognitive Behavioral Therapist, and Play Therapist and use play therapy, art therapy, and psych-education techniques

**Area of Specialization:** I specialize in individual, family and group therapy with children aged 4-18 who have experiencing intense trauma and who are suffering from anxiety, depression, PTSD ODD, CD and other diagnosis's

**Treatment methods:** Client-centered, collaborative, supportive counseling, and focusing on where the Individual and what there needs are while using the therapeutic modality's that best fit the age and diagnosis such as CBT, play therapy, art therapy, psycho-education.

**Information concerning unprofessional conduct for the profession follows.**

Office of Professional Regulation Notice

The Office of Professional Regulation provides Vermont licenses, certifications, and registrations for over 56,000 practitioners and businesses. Forty-six professions and occupations are supported and managed by this office. A list of professions regulated is found below.

Each profession or occupation is governed by laws defining professional conduct. Consumers who have inquiries or wish to obtain a form to register a complaint may do so by calling (802) 828-1505, or by writing to the Director of the Office, Secretary, VT 05620-3402.

Upon receipt of a complaint, an administrative review determines if the issues raised are covered by the applicable professional conduct statute. If so, a committee is assigned to investigate, collect information, and recommend action or closure to the appropriate governing body.

All complaint investigations are confidential. Should the investigation conclude with a decision for disciplinary action against a professional's license and ability to practice, the name of the license holder will then be made public.

Complaint investigations focus on licensure and fitness of the licensee to practice. Disciplinary action, when warranted, ranges from warning to revocation of license, based on the circumstances. You should not expect a return of fees paid or additional unpaid services as part of the results of this process. If you seek restitution of this nature, consider consulting with the Consumer Protection Division of the Office of the Attorney General, retaining an attorney, or filing a case in Small Claims Court.

Accountancy Acupuncture  
Architects  
Athletic Trainers Auctioneers  
Audiologists  
Barbers & Cosmetologists Boxing Control Chiropractic  
Dental Examiners  
Dietitians  
Drug and Alcohol Counselor Electrolysis  
Professional Engineering  
Funeral Service  
Hearing Aid Dispensers  
Land Surveyors  
Landscape Architects  
Marriage & Family Therapists Clinical Mental Health Counselors Midwives, Licensed  
Motor Vehicle Racing  
Naturopaths  
Nursing  
Nursing Home Administrators  
Occupational Therapists Opticians  
Optometry  
Osteopathic Physicians and Surgeons  
Pharmacy  
Physical Therapists  
Private Investigative & Security Services  
Property Inspectors Psychoanalyst Psychology  
Psychotherapist, Non-licensed Radiologic Technology  
Real Estate Appraisers Real Estate  
Respiratory Care  
Social Workers, Clinical  
Tattooists  
Veterinary

Chapter 78: Roster of Psychotherapists Who Are Nonlicensed § 4090. Disclosure of Information

The board shall adopt rules requiring persons entered on the roster to disclose to each client the psychotherapist's professional qualifications and experience, those actions that constitute unprofessional conduct, and the method for filing a complaint or making a consumer inquiry, and provisions relating to the manner in which the information shall be displayed and signed by both the rostered psychotherapist and the client. The rules may include provisions for applying or modifying these requirements in cases involving institutionalized clients, minors and adults under the supervision of a guardian.

[The Vermont Statutes Online](#)

**Title 3: Executive**

**Chapter 5: SECRETARY OF STATE Sub-Chapter 3: Professional Regulation 3 V.S.A. § 129a. Unprofessional conduct**

(a) In addition to any other provision of law, the following conduct by a licensee constitutes unprofessional conduct. When that conduct is by an applicant or person who later becomes an applicant, it may constitute grounds for denial of a license or other disciplinary action. Any one of the following items, or any combination of items, whether or not the conduct at issue was committed within or outside the State, shall constitute unprofessional conduct:

- (1) Fraudulent or deceptive procurement or use of a license.
  - (2) Advertising that is intended or has a tendency to deceive.
  - (3) Failing to comply with provisions of federal or state statutes or rules governing the practice of the profession.
  - (4) Failing to comply with an order of the board or violating any term or condition of a license restricted by the board.
  - (5) Practicing the profession when medically or psychologically unfit to do so.
  - (6) Delegating professional responsibilities to a person whom the licensed professional knows, or has reason to know, is not qualified by training, experience, education, or licensing credentials to perform them, or knowingly providing professional supervision or serving as a preceptor to a person who has not been licensed or registered as required by the laws of that person's profession.
  - (7) Willfully making or filing false reports or records in the practice of the profession; willfully impeding or obstructing the proper making or filing of reports or records or willfully failing to file the proper reports or records.
  - (8) Failing to make available promptly to a person using professional health care services, that person's representative, or succeeding health care professionals or institutions, upon written request and direction of the person using professional health care services, copies of that person's records in the possession or under the control of the licensed practitioner, or failing to notify patients or clients how to obtain their records when a practice closes.
  - (9) Failing to retain client records for a period of seven years, unless laws specific to the profession allow for a shorter retention period. When other laws or agency rules require retention for a longer period of time, the longer retention period shall apply.
  - (10) Conviction of a crime related to the practice of the profession or conviction of a felony, whether or not related to the practice of the profession.
  - (11) Failing to report to the office a conviction of any felony or any offense related to the practice of the profession in a Vermont District Court, a Vermont Superior Court, a federal court, or a court outside Vermont within 30 days.
  - (12) Exercising undue influence on or taking improper advantage of a person using professional services, or promoting the sale of services or goods in a manner which exploits a person for the financial gain of the practitioner or a third party.
  - (13) Performing treatments or providing services which the licensee is not qualified to perform or which are beyond the scope of the licensee's education, training, capabilities, experience, or scope of practice.
  - (14) Failing to report to the office within 30 days a change of name or address.
  - (15) Failing to exercise independent professional judgment in the performance of licensed activities when that judgment is necessary to avoid action repugnant to the obligations of the profession.
- (b) Failure to practice competently by reason of any cause on a single occasion or on multiple occasions may constitute unprofessional conduct, whether actual injury to a client, patient, or customer has occurred. Failure to practice competently includes:
- (1) performance of unsafe or unacceptable patient or client care; or
  - (2) failure to conform to the essential standards of acceptable and prevailing practice.

(c) The burden of proof in a disciplinary action shall be on the State to show by a preponderance of the evidence that the person has engaged in unprofessional conduct.

(d) After hearing, and upon a finding of unprofessional conduct, a board or an administrative law officer may take disciplinary action against a licensee or applicant, including imposing an administrative penalty not to exceed \$1,000.00 for each unprofessional conduct violation. Any money received under this subsection shall be deposited in the Professional Regulatory Fee Fund established in section 124 of this title for the purpose of providing education and training for board members and advisor appointees. The Director shall detail in the annual report receipts and expenses from money received under this subsection.

(e) In the case where a standard of unprofessional conduct as set forth in this section conflicts with a standard set forth in a specific board's statute or rule, the standard that is most protective of the public shall govern. (Added 1997, No. 40, § 5; amended 2001, No. 151 (Adj. Sess.), § 2, eff. June 27, 2002; 2003, No. 60, § 2; 2005, No. 27, § 5; 2005, No. 148 (Adj. Sess.), § 4; 2009, No. 35, § 2; 2011, No. 66, § 3, eff. June 1, 2011; 2011, No. 116 (Adj. Sess.), § 5.)

#### **§ 4093. Unprofessional conduct**

(a) Unprofessional conduct means the following conduct and conduct set forth in section 129a of Title 3: (1) Providing fraudulent or deceptive information in an application for entry on the roster.

(2) Conviction of a crime that evinces an unfitness to practice psychotherapy.

(3) Unauthorized use of a protected title in professional activity.

(4) Conduct which evidences moral unfitness to practice psychotherapy.

(5) Engaging in any sexual conduct with a client, or with the immediate family member of a client, with whom the psychotherapist has had a professional relationship within the previous two years.

(6) Harassing, intimidating or abusing a client.

(7) Entering into an additional relationship with a client, supervisee, research participant or student that might impair the psychotherapist's objectivity or otherwise interfere with his or her professional obligations.

(8) Practicing outside or beyond a psychotherapist's area of training, experience or competence without appropriate supervision.

(b) After hearing, and upon a finding of unprofessional conduct, the board may take disciplinary action against a rostered psychotherapist or an applicant. (Added 1993, No. 222 (Adj. Sess.), § 17; amended 1997, No. 40, § 71; 1997, No. 145 (Adj. Sess.), § 61; 1999, No. 52, § 37.)

**CLIENT'S DISCLOSURE INFORMATION**

My signature acknowledges that I have been given the professional qualifications and experience of William T. Day, a listing of actions that constitutes unprofessional conduct according to Vermont Statutes, and the method for making a consumer inquiry or filing a complaint with the Office of Professional Regulation. This information was given to me no later than my third office visit.

My practice is also governed by the Rules of the Board of Allied Mental Health Practitioners. It is unprofessional conduct to violate these rules. A copy of the rules may be obtained from the Board or online at <http://vtprofessionals.org/>.

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Client Signature

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Date

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Guardian's Signature

\_\_\_\_\_  
Date

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Practitioner's Signature

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Date