

LINDSEY GAIL JOHNSTON, M.S.

Licensed Clinical Psychologist - Masters

Maple Leaf Clinic

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Wallingford, Vermont, U.S.A. 05773

71 Allen St. Unit 202
Rutland, Vermont, U.S.A. 05701

UNIVERSITY EDUCATION

M.S. - Clinical Psychology, 2013
College of Saint Joseph, Rutland, Vermont

B.A. - Psychology, 2009
College of St. Catherine, St. Paul, Minnesota

LICENSURE/CERTIFICATION

Vermont State Board of Psychological Examiners, since April 2021
Licensed Psychologist- Masters- #047. 0133688- Expires January 31, 2024

Allied Mental Health Practitioner - Non-Licensed & Non-Certified Psychotherapist, 2013-2021

PROFESSIONAL EXPERIENCE

Psychologist – Maple Leaf Clinic, 2014-Present
Wallingford, Vermont

Outpatient individual psychotherapy to children, adolescents, and adults;
provide community-based psychoeducation on topics including LGBTQIA+ inclusivity
both on an organizational and client-based level; administered and interpreted
psychological assessments in consultation with supervisor; completing
disability evaluations for the State of Vermont (MMSE and MMSE+) including
administering intellectual assessment measures and memory assessment measures

Adjunct Instructor – College of St. Joseph, 2016-2019
Rutland, Vermont

Adjunct Instructor in undergraduate programs in Clinical Psychology, Clinical Mental Health
Counseling, Community Counseling, Psychology, and Human Services; developing and
implementing course materials

Undergraduate Courses: Evaluation Techniques, Introduction to
Psychology

Graduate Courses: Family Systems

Mobile Crisis Clinician — Howard Center, April 2014-May 2017
Burlington, Vermont

Providing emergency screening and assessment, both in the hospital/office and in the community, to determine an appropriate disposition for psychiatric care as needed; assisting people to connect with resources in their community to help meet their mental health treatment needs as well as co-occurring factors; working with adults and families around mental health and substance abuse issues; collaborating with local and state law enforcement; providing phone support 24/7; certified as a Qualified Mental Health Professional through the State of Vermont Department of Mental Health; completing Applications for Emergency Examinations and Warrants for Emergency Examinations under the State of Vermont Department of Mental Health

Crisis Clinician — Rutland Mental Health Services, May 2013-February 2014
Rutland, Vermont

Providing emergency screening and assessment to determine an appropriate disposition for psychiatric care as needed; assisting people to connect with resources in their community to help meet their treatment needs; working with adults, children, and families around mental health and substance abuse issues; collaborating with local and state law enforcement; certified as a Qualified Mental Health Professional through the State of Vermont Department of Mental Health

Crisis Recovery Specialist — Crisis Stabilization and Inpatient Diversion (CSID) with Rutland Mental Health Services, November 2009-May 2013
Rutland, Vermont

Assisting clients in minimizing symptoms of acute psychiatric episodes by structuring wellness activities, assessing needs and preferences within the crisis residence and in the community, supportive counseling, planning discharge services and assisting clients for reintegration into the community; establishing and maintaining a safe, healthy and therapeutic residential environment; medication administration under supervision of nursing staff; effective communication and a good working relationship with the treatment team across all shifts; admission and discharge from program

Graduate Intern — Counseling Services at the College of St. Joseph, August 2012-May 2013
Rutland, Vermont

Individual counseling sessions; treatment planning; case management services; maintaining regular documentation including progress notes, diagnosis & evaluation, plan of care reviews, and discharge summaries; organizing and promoting relevant outreach events on-campus; organizing the 3rd Annual Wellness Fair; facilitating and co-facilitating Life Skills groups on a bi-weekly basis

VOLUNTEER ACTIVITIES

Board of Directors for Pine Hill Partnership 2020- Present

Behavioral Health Disaster Team, 2011-2014

Active Minds, College of St. Catherine Chapter, 2007-2009

Amyotrophic Lateral Sclerosis Association, 2006-2009